

## COVID-19 Information and Resources

NSW health website: <https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx>

Department of health: <https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>

NSW Department of Education advice: <https://education.nsw.gov.au/public-schools/school-safety/novel-coronavirus>

Resource	Audience	File	Source
Social script – <i>Coronavirus- Covid-19</i>	Children with ID and/or ASD Primary school	 SA_corona_socialstory.pdf	South Australia TBC
Social story- <i>My Story About Pandemics and the Coronavirus</i>	Children including special needs	<a href="https://carolgraysocialstories.com/wp-">https://carolgraysocialstories.com/wp-</a>	Carol Gray <a href="https://carolgraysocialstories.com/">carolgraysocialstories.com/</a>
Booklet – <i>My name is coronavirus</i>	Children	 Mindheart_CoronavirusBookletforKids.pdf	Manuela Molina <a href="http://www.mindheart.co">www.mindheart.co</a>
Various E-books [Not corona specific but for various natural disasters including flu]	Children with and without ASD	<a href="https://littlepuddins.ie/coronavirus-social-story/">https://littlepuddins.ie/coronavirus-social-story/</a>	Little Puddin- The Autism Educator <a href="http://littlepuddins.ie/">littlepuddins.ie/</a>
Booklet/ social script on coronavirus with cartoons	Older children/ teens	 VIC_Covid19_for_tens.pdf	Victoria TBC
Info sheet/ Newsletter= <i>How to cope with the stress related to novel coronavirus</i>	Young people	 headspace_COVID_newsletter_newc1.pdf	Headspace <a href="http://headspace.org.au">headspace.org.au</a>
Website/article – <i>How to cope with Stress related to Covid-19</i>	Young people	<a href="https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/">https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/</a>	
Website article- <i>10 ways to take care of yourself during coronavirus</i>	Young people	<a href="https://au.reachout.com/articles/10-ways-to-take-care-of-yourself-during-coronavirus">https://au.reachout.com/articles/10-ways-to-take-care-of-yourself-during-coronavirus</a>	Reach Out <a href="https://au.reachout.com">https://au.reachout.com</a>
Information sheet – <i>Tips for coping with coronavirus anxiety</i>	Adults & parents of children	<a href="https://www.psychology.org.au/getmedia/38073179-4701-48bd-afd9-988c560ee2f9/20APS-IS-COVID-19-P1.pdf">https://www.psychology.org.au/getmedia/38073179-4701-48bd-afd9-988c560ee2f9/20APS-IS-COVID-19-P1.pdf</a>	Australian Psychological Society <a href="http://www.psychology.org.au">www.psychology.org.au</a>
Information sheet – <i>Maintaining your mental health during social isolation</i>	Adults & parents of children	<a href="https://www.psychology.org.au/getmedia/d7cb8abd-3192-4b8f-a245-ace9b8ef44d5/20APS-IS-COVID-19-Isolation-P1.pdf">https://www.psychology.org.au/getmedia/d7cb8abd-3192-4b8f-a245-ace9b8ef44d5/20APS-IS-COVID-19-Isolation-P1.pdf</a>	
Website article – <i>How to talk to your children about coronavirus</i>	Parents of children	<a href="https://www.unicef.org.au/blog/news-and-insights/march-2020/how-to-talk-to-your-children-about-coronavirus">https://www.unicef.org.au/blog/news-and-insights/march-2020/how-to-talk-to-your-children-about-coronavirus</a>	UNICEF <a href="http://www.unicef.org.au">www.unicef.org.au</a>
Easy Read Information Booklet- <i>Staying safe from Coronavirus</i>	People with Intellectual Disability	<a href="https://cid.org.au/wp-content/uploads/2020/03/Staying-safe-from-Coronavirus-council-intellectual-disability-Mar2020.pdf">https://cid.org.au/wp-content/uploads/2020/03/Staying-safe-from-Coronavirus-council-intellectual-disability-Mar2020.pdf</a>	Council for Intellectual Disability <a href="http://www.cid.org.au">www.cid.org.au</a>

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